

October



2015-16

Nutrition @ OAK HILLS | \$4

Each meal is served with fresh fruit and a choice of fat free or 1% milk

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Pizza Bagel	2 <i>Early Dismissal</i> Cinnamon Pretzel	3
4	5 Bagel w/ Cream Cheese	6 Fruit & Yogurt Parfait + Mini Muffin	7 Scrambled Eggs & Toast	8 Berry Smoothie + Cereal	9 <i>Early Dismissal</i> Cinnamon Pretzel	10
11	12 Bagel w/ Cream Cheese	13 Baked French Toast	14 Egg & Potato Breakfast Burrito	15 Pizza Bagel	16 <i>Early Dismissal</i> Cinnamon Pretzel	17
18	19 Bagel w/ Cream Cheese	20 Fruit & Yogurt Parfait + Mini Muffin	21 Scrambled Eggs & Toast	22 Berry Smoothie + Cereal	23 <i>Early Dismissal</i> Cinnamon Pretzel	24
25	26 <i>No School</i>	27 Baked French Toast	28 Egg & Potato Breakfast Burrito	29 Pizza Bagel	30 <i>Early Dismissal</i> Cinnamon Pretzel	31  Happy Halloween!



All menu items are made without peanuts or tree nuts.



Menu items are prepared without meat ingredients unless otherwise specified

*Menu is subject to change without notice*